

Breakfast Menu

Cereals

Rice Krispies, Bran Flakes , Corn Flakes
Weetabix, Shredded Wheat, Porridge

Fruit

Fresh Fruit
Fruit Juice (Orange, Apple, Cranberry or Pineapple)

Continental Breakfast

Toast (Wholemeal or White), Roll, Croissant or Bagel
Jam (Raspberry, Strawberry or Blackcurrant)

Orange Marmalade

Marmite

Boiled Egg

Ham & Cheese Slices

English Breakfast Choice

Fried, Poached or Scrambled Egg
Grilled or Fried Bacon, Grilled Sausages
Grilled or Fried Tomatoes
Fried Mushrooms, Baked Beans
Toast or Fried Bread



Spring 2023
Monday Week One

Starter

Soup of the Day of the Day

Main Course

Pork Casserole

or

Vegetable Hot Pot with Cheese Triangles

New Potatoes

Green Beans & Mixed Vegetables

Dessert

Spiced Apple Crumble & Custard

or

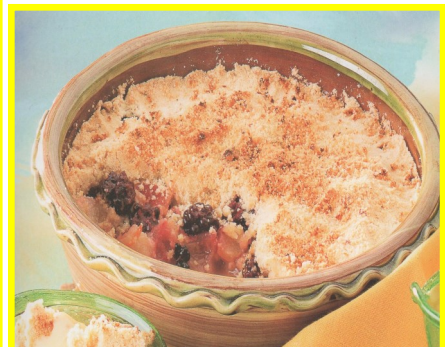
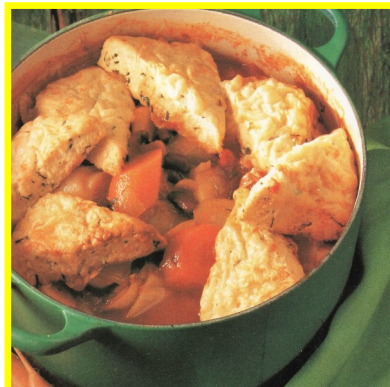
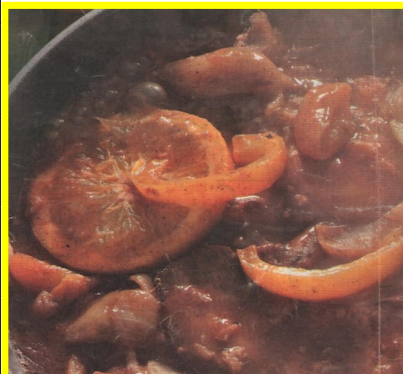
Stewed Apples & Custard
(low sugar version)

Light Options

Jacket Potato with Cheese, Baked Beans

Omelette or Cold Meat Salad

Fruit & Ice Cream or Cheese & Biscuits



Spring 2023
Tuesday Week One

Starter

Soup of the Day

Main Course

Chicken Leek & New Potato Pie with Gravy

or

Cheesy Potato & Carrot Bake

New Potatoes

Baby Carrots & Broccoli

Dessert

Plum & Amaretti Pudding with Custard

or

Plums & Custard

(low sugar version)

Light Options

Jacket Potato with Cheese, Baked Beans

Omelette or Cold Meat Salad

Fruit & Ice Cream or Cheese & Biscuits



Spring 2023
Wednesday Week One

Starter

Soup of the Day

Main Course

Roast Beef, Yorkshire Pudding & Gravy

or

Cauliflower Cheese

Roast & New Potatoes

Roast Parsnips & Peas

Dessert

Gateau served with Cream

or

Jelly & Ice Cream

(low sugar version)

Light Options

Jacket Potato with Cheese, Baked Beans

Omelette or Cold Meat Salad

Fruit & Ice Cream or Cheese & Biscuits



Spring 2023
Thursday Week One

Starter

Soup of the Day

Main Course

Shepherds Pie with Mint Pea Mash & Gravy

or

Salmon & Asparagus Flan

New Potatoes

Swede & Spring Cabbage

Dessert

Fresh Fruit Salad & Cream or Ice Cream
(Strawberries when in season)

or

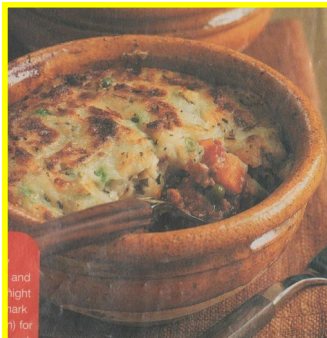
Fresh Fruit Salad & Cream or Ice Cream
(Strawberries when in season
(low sugar version)

Light Options

Jacket Potato with Cheese, Baked Beans

Omelette or Cold Meat Salad

Fruit & Ice Cream or Cheese & Biscuits



Spring 2023
Friday Week One

Starter

Soup of the Day

Main Course

Sausage & Leek Bake

or

Battered or Breaded Fish served with Lemon & Tartare Sauce

Chips & New Potatoes
Tomatoes & Baked Beans

Dessert

Summer Fruit Trifle with Cream

or

Favoured Whip (low sugar version)

Light Options

Jacket Potato with Cheese, Baked Beans

Omelette or Cold Meat Salad

Fruit & Ice Cream or Cheese & Biscuits



Spring 2023
Saturday Week One

Starter

Soup of the Day

Main Course

Braised Steak with Peppers & Olives

or

Cheese & Tomato Nests

New & Parmenter Potatoes

Peas & Swede & Carrot Mix

Dessert

Stewed Fruit & Custard

or

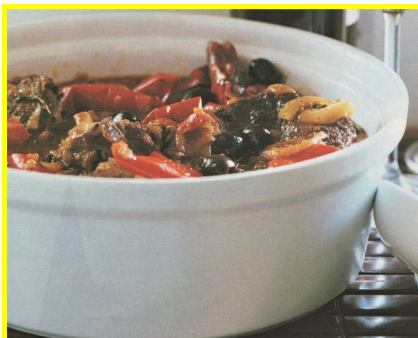
Stewed Fruit & Custard (low sugar version)

Light Options

Jacket Potato with Cheese, Baked Beans

Omelette or Cold Meat Salad

Fruit & Ice Cream or Cheese & Biscuits



Spring 2023
Sunday Week One

Starter

Soup of the Day

Main Course

Roast Chicken with Stuffing & Gravy
Serve with Bread Sauce

or

Vegetable Crumble

Roast or New Potatoes
Spring Cabbage & Carrots

Dessert

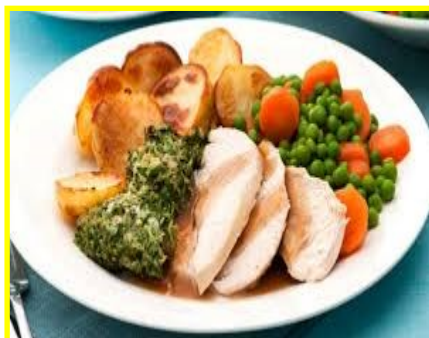
Cheesecake served with Cream

or

Fruit Jelly (low sugar version)

Light Options

Jacket Potato with Cheese, Baked Beans
Omelette or Cold Meat Salad
Fruit & Ice Cream or Cheese & Biscuits



Drinks Menu

Breakfast Tea, Earl Grey Tea, Assorted Herbal Teas

Coffee, Decaffeinated Coffee, Milky Coffee
Hot Chocolate, Horlicks, Ovaltine

Water, Orange, Apple & Blackcurrant, Lemon Barley

Carbonated drinks e.g. Cola, lemonade, Orangeade

Orange, Cranberry, Apple or Pineapple Juice

Fruit Smoothies (on request)





We hope you enjoy the catering service we provide at this home and while we have taken every care to present you with a balanced choice we welcome any suggestions or comments you may have. There is a vegetarian option for every day and a light choice for those with smaller appetites. We also offer a low sugar dessert option every day.

Snacks are available twenty four hours a day.

