

# Winter 2024

## Sample menu

This is a selection of the kind of meals that residents enjoy throughout the season. There's a meat and vegetarian choice every day and a light choice for those with smaller appetites.

We also offer a low-sugar dessert option every day and snacks are available 24 hours a day.

### Mains



Mushroom soup



Cauliflower cheese V



Spaghetti bolognese



Scampi V  
*Served with lemon wedge  
and tartar sauce*



Lancashire hot pot  
and gravy



Leek and potato bake V

### Desserts



Steam jam sponge  
and custard



Cheese scones  
with butter LS



Baked apple with  
walnuts, raisins,  
honey and custard



Fruit jelly LS



Steam chocolate  
pudding and custard



Yogurt LS

### Lighter bites



Jacket potato  
with cheese



Fruit and ice cream



Omelette



Baked beans



Cheese and biscuits